

Registration Information:

Gymnasts are to register at
Hastings Gymnastics Center
located at 2628 Millard Ave.,
Hastings, MN 55033)

register online at
www.hgconline.net

T-shirt:

Child Small _____

Child Med _____

Child Large _____

Child XL _____

Adult Small _____

Adult Med _____

Adult Large _____

Adult XL _____

Free T-shirt!

Please check which size shirt your
child wears.

2011 HGC Summer Camp Rates

June 20th – June 24, 2011

Monday – Friday
(8:30am to 5:00 pm)

\$295.00 Commuting

\$395.00 with Housing

2011 HGC Registration Form

Camper's Name: _____

Parent's Name(s): _____

DOB: _____ M/F _____

School Grade: _____

Address: _____

City: _____ State _____ Zip: _____

Home Phone: _____

Emergency Phone: _____

Level/Class completed last session: _____

T-Shirt size: _____

Method of Payment

Check _____

Cash _____

Credit Card _____

Card # _____

Expiration Date _____

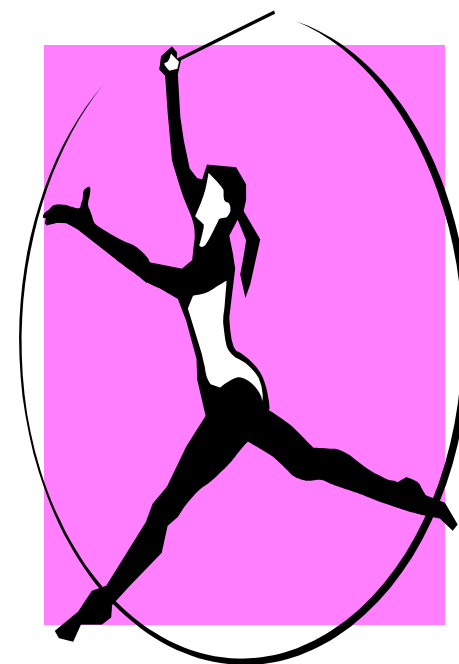
Signature: _____

Amount Paid: _____

2011 Summer Camp

HGC Rivertown

Summer Camp



Boys & Girls

All Levels

June 20 -24, 2011

NOTE FROM THE CAMP DIRECTOR

Philosophy:

Hastings Gymnastics Center Rivertown Camp is designed for all boys and girls gymnasts who wish to learn and improve their skills in a structured, safe and fun learning atmosphere.

Our 2011 rotating staff are carefully selected on their ability to teach beginner, intermediate and advanced gymnasts the correct fundamentals and the newest techniques.

HGC's 15,000 sq. ft. "State of the Art" facility is recognized as one of the top training facilities in the United States. It is our responsibility to provide the best and safest gymnastics experience for each of our gymnasts.

I'm looking forward to sharing with you a fun, memorable and rewarding Summer Camp experience!

Lawrence Belk

Camp Director

Our Camp Offers:

- Small gymnast/instructor ratios
- Quality staff providing for great work ethics
- Training on Women's & Men's Olympic Apparatus
- Tumbling and Trampoline Instruction
- Teaching the latest gymnastics skills
- Basic and Optional Workouts
- Speakers and Demonstrations
- Strength and Flexibility Stations
- Open Gym Workouts
- Recreational Activities such as swimming, skits, etc.
- Special Awards
- HGC Certificates for all Gymnasts
- Free T-Shirts



**Hastings Gymnastics
Center, Inc.**

**2628 Millard Ave.,
Hastings, MN 55033**

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www.hgconline.net

